

Retirement Income Worksheet

Use this worksheet as a starting point for your pre-retirement planning.

Identify potential income shortfalls by aligning essential and non-negotiable expenses with guaranteed sources of income.

1 YOUR EXPENS	ES	
TYPES OF NEEDS	MONTHLY	ANNUAL
+ Essential Basic needs: Mortgage/rent, utilities, healthcare, groceries	\$	\$
+ Essential Lifestyle Non-negotiables: Spending on "fun things" unique to you and essential to lifestyle satisfaction	\$	\$
Total Essential Expenses	\$	\$
+ Nice-to-Have Important but flexible: Expenses that could be put off while portfolio recovers	\$	\$
+ Wishes Think big: It's useful, and fun, to list a few items for spending lottery winnings, bull market returns, or inheritance	\$	\$
Total Non-Essential Spending	\$	\$
+ Total Essential Expenses	\$	\$
= Your Total Expenses	\$	\$



When solving for a potential guaranteed income gap, it is important to note that only pensions, social security and a lifetime income annuity are designed to deliver guaranteed income for life. Retirement savings and investments can be vulnerable to risk exposure and loss.

	2 YOUR INCOME SOURCES						
Ī	GUARANTEED INCOME	MONTHLY	ANNUAL				
	Social Security	\$	\$				
	Pensions	\$	\$				
	Annuities	\$	\$				
	Total Guaranteed Income	\$	\$				
	NON-GUARANTEED INCOME	MONTHLY	ANNUAL				
	Investments	\$	\$				
	Savings	\$	\$				
	Total Non-Guaranteed Income	\$	\$				
	+ Total Guaranteed Income	\$	\$				
	= Your Total Income Sources	\$	\$				

Compare Total Essential Expenses with sources of guaranteed lifetime income to identify a potential guaranteed income gap. Non-guaranteed sources of retirement income can be used for Non-Essential spending.

3 CALCULATE INC	OME GAI	
+ Total Guaranteed Income Sources	\$	\$
- Total Essential Expenses	\$	\$
Guaranteed Lifetime Income Gap	\$	\$

To assess how inflation may impact your Guaranteed Lifetime Income Gap, proceed to step 4 on page 2.



The one who works for you!®



01FRIW 09.29.22 Page 1 of 2



Retirement Income Worksheet

Use this worksheet as a starting point for your pre-retirement planning.

Multiply your current Income Gap from step 3 by the inflation rate you wish to use and the corresponding inflation factor to calculate your future Income Gap.

	4 INFLATION ADJUSTED INCOME GAP										
	INFLATION	1 YEAR	2 YEARS	3 YEARS	4 YEARS	5 YEARS	6 YEARS	7 YEARS	8 YEARS	9 YEARS	10 YEARS
RATE INFLATION I						N FACTOR					
	3%	x 1.03	x 1.06	x 1.09	x 1.13	x 1.16	x 1.19	x 1.23	x 1.27	x 1.30	x 1.34
	4%	x 1.04	x 1.08	x 1.12	x 1.17	x 1.22	x 1.27	x 1.32	x 1.37	x 1.42	x 1.48
	5%	x 1.05	x 1.10	x 1.16	x 1.22	x 1.28	x 1.34	x 1.41	x 1.48	x 1.55	x 1.63

MONTHLY		
GUARANTEED LIFETIME INCOME GAP	INFLATION FACTOR	ADJUSTED INCOME GAP
\$	x	\$
ANNUAL		
GUARANTEED LIFETIME INCOME GAP	INFLATION FACTOR	ADJUSTED INCOME GAP

\$

For example, a \$1,000 per month gap today at a 4% inflation rate (multiplied by an inflation factor of 1.48) is a gap of \$1,480 in 10 years. Hypothetical example for illustrative purposes only.

Х

This material is for informational purposes only, and is not a recommendation to buy, sell, hold or rollover any asset. It does not take into account the specific financial circumstances, investment objectives, risk tolerance, or need of any specific person. In providing this information American Equity Investment Life Insurance Company is not acting as your fiduciary as defined by the Department of Labor. American Equity does not offer legal, investment or tax advice or make recommendations regarding insurance or investment products. Please consult a qualified professional. Guarantees are based on the financial strength and claims paying ability of American Equity and are not guaranteed by any bank or insured by the FDIC.



American Equity Investment Life Insurance Company[®] 6000 Westown Pkwy, West Des Moines, IA 50266

\$